

# Coffee breaks

The following menu was prepared based on the dietary advice of our chef – Maciej Glanowski. The items marked with the symbol: **F** have been chosen specifically for you health and better feeling

## TRADITIONALLY & TASTY

**one – time coffee break**  
18 PLN / person

**one – day coffee break**  
31 PLN / person

- coffee
- milk
- tea – selection of six flavors
- lemon
- fruit beverages
- water with lemon and orange served in jugs
- bread sticks
- biscuits

## ENERGETIC & FIT

**one – day coffee break**  
31 PLN / person

- coffee
- milk
- tea - selection of six flavors
- lemon
- herbal Ice Tea
- yoghurt dessert based on fruit mousse with multi – cereal muesli **F**
- Fruit and vegetable smoothie **F**
- vegetable juienne sticks **F**
- seasonal fruit (apples, pears, watermelon)
- a set for your own composition: wafer (rice, whole meal, spelled), early vegetables, sunflower seeds, pumpkin seeds

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## FRENCH TASTES

**one – time coffee break**

**38 PLN / person**

**one – day coffee break**

**56 PLN / person**

- coffee
- milk
- tea – selection of six flavors
- lemon
- apple drink
- aromatic spicy drink
- Water with lemon and orange
- croissant
- Danish mix
- Herbal bread sticks
- honey
- jam
- delicacies
- mix snacks

## FOUR SIDES OF THE WORLD

**one – time coffee break**

**32 PLN / person**

**one – day coffee break**

**50 PLN / person**

- coffee
- milk
- tea – selection of six flavors
- lemon
- fruit drinks
- italian mini panna cotta with raspberry sauce
- wraps with mexican stuffing with chili mango sauce
- spring rolls
- Viennese cheese cake, Polish apple pie with crumble

**Enjoy!**